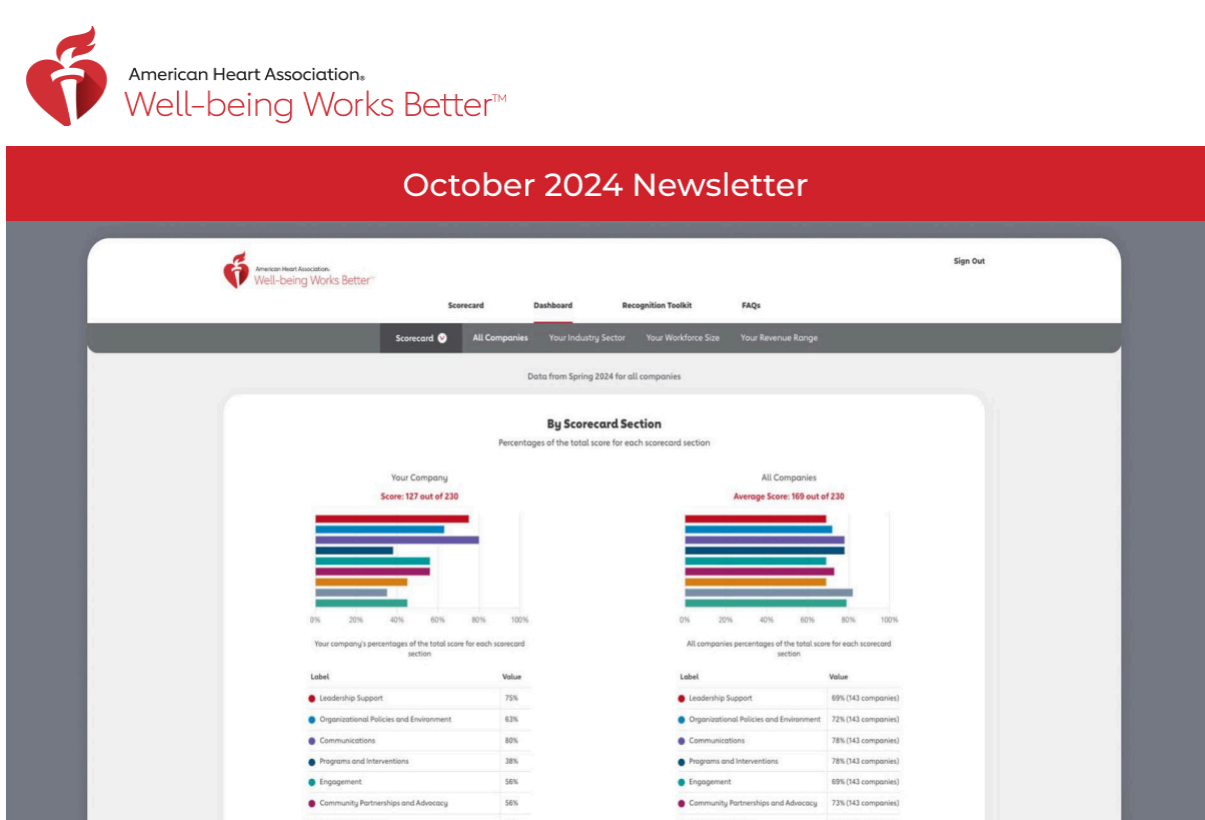




Scorecard Reminder

This is your opportunity to assess the health & well-being of your company.

See how your company measures up in health and well-being compared to peer organizations. Completing your Scorecard gives you science-backed, customized guidance exactly where your company needs it most. Whether you are almost finished or just getting started, this is your reminder that the deadline is approaching fast.

All Scorecards must be submitted by October 31, 2024.

This will be the last opportunity of the year for your organization to be featured in Forbes and spotlight your recognition!

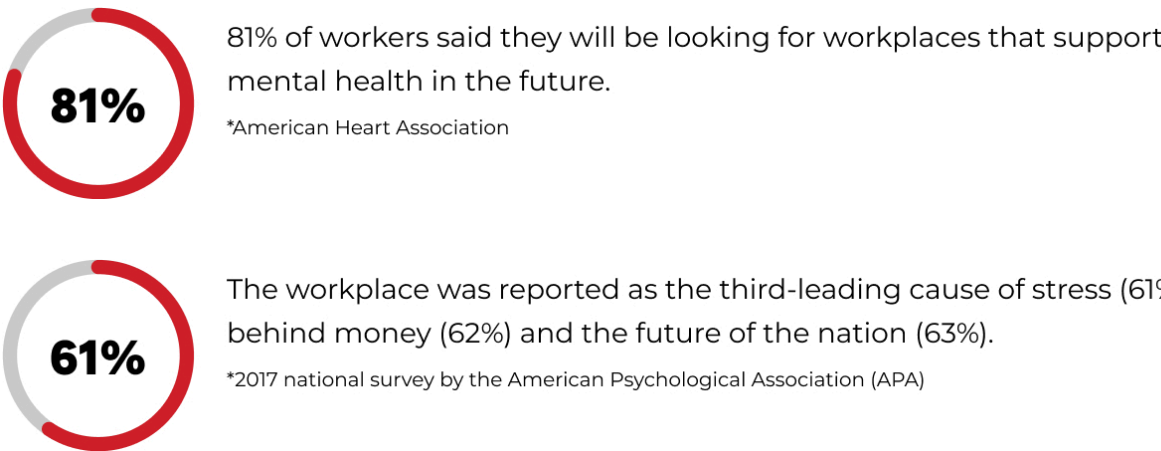
Keeping your Scorecard up to date can position your organization as a leader in well-being by fostering and evolving a healthy work culture.

COMPLETE SCORECARD

We use the AHA Well being Works Better Scorecard to improve the health of our associates by gauging productivity, medical claims for program planning and intervention, and so much more.

Martha A. Flowers, M.S., FAWHP
Wellness Consultant, First Horizon

Eye-opening Insights



THIS WEEK'S EVENT

World Mental Health Day

October 10, 2024

The workplace is an important setting to address mental health. Take time to recognize World Mental Health Day — a great opportunity to raise awareness, show support, and be an advocate against the social stigma. Effective efforts can improve employee engagement, productivity, and attract and retain top talent.

Well-being Works Better™ has visual reference guides that can help employees manage well-being in stressful situations. Share these tips to help your employees lower stress and improve their well-being.

GET TIPS



What's New

American Heart Association has partnered with Daymond John, Shark Tank star and FUBU founder, to discuss preventing and addressing employee burnout. Watch one of Daymond's recent posts to see how he and his team tackle this growing problem. He will also be uploading his brand new video on October 10th, World Mental Health Day. Be sure to check it out!

Share Your Thoughts /#WellBeingWorksBetter

VIEW POST

